1

MONDAY

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IUESDAY

WEDNESDAY &

Red Oak Community School Middle School Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

October 2018

Classic Cafe Chicken Parmesan w/Pasta, Classic Cafe Soft Beef Tacos, Lettuce, Tomato, 4 Cheese, Mexican Street Corn Garlic Toast HURSDAY **Diner Station** Roasted Hot Dog on a Bun **Diner Station** Cheeseburger on Bun Grab and Go Crispy Chicken Wrap Grab and Go Chicken Caesar Wrap A CARLES COMPANY Classic Cafe Turkey Nachos Supreme, **No School** Conferences 5 Corn on the Cob Diner Station Spicy Chicken Patty on Bun FRIDA Grab and Go Turkey Deli Sandwich Classic Cafe Ham, Egg & Cheese on English Muffin, Tator Tots Diner Station Roasted Hot Dog on a Bun Grab and Go Honey Mustard Ham Wrap IRA Milk choice of 1% White, Skim or Chocolate Skim is included with lunch. Entree Salads are served with Dinner Roll For questions or comments, contact Mindy Riibe at 712-621-0042 Menus are subject to change without notice. This institution is an equal opportunity provider. www.taher.com

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October 2018

MONDAY 9

TUESDAY

WEDNESDAY 1

8

No School	Conferences	11	Classic Cafe	French Bread Pizza, Roasted Cauliflower
		XXX	Diner Station	Spicy Chicken Patty on Bun
		THURSDAY	Grab and Go	Chicken Caesar Wrap
Classic Cafe	Roast Pork & Gravy, Cranberry Pear Salad, Mashed Potatoes, Cornbread	12	Classic Cafe	Popcorn Chicken Bowl, Bread Stick
Diner Station	Hamburger on a Bun	\succ	Pizza Parlor	Cheese Pizza, Pepperoni Pizza, Chicken Alfredo Pizza
Grab and Go	Turkey Deli Sandwich	FRIDAY	Grab and Go	Turkey BLT Wrap
Classic Cafe	Philly Flatbread, Firenze Corn Salad, Birthday Cake		Harve	toithe Month
Diner Station	Chicken Crispito, Homemade Nacho Cheese Sauce	O LL N		PEAR BEELDS
Grab and Go	Honey Mustard Ham Wrap	EXTRA I	Entree Si For qu	of 1% White, Skim or Chocolate Skim is included with lunch. alads are served with Dinner Roll testions or comments, contact indy Riibe at 712-621-0042 to change without

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Classic Cafe	Beef Chili, Cornbread, Seasoned Ranch Wedges	18	Classic Cafe	Beefy Nachos with Cheese
Diner Station	Roasted Hot Dog on a Bun	NAY	Diner Station	Crispy Chicken Nuggets, Whole Grain Dinner Roll
Grab and Go	Crispy Chicken Wrap	THURSDAY	Grab and Go	Chicken Caesar Wrap
Classic Cafe	Hamburger Gravy, Mashed Potatoes, Whole Grain Dinner Roll	19	Classic Cafe	Crispy Chicken Sandwich, Garden Salad
Diner Station	Crispy Chicken Sandwich	$\mathbf{\mathbf{X}}$	Pizza Parlor	Cheese Pizza, Pepperoni Pizza, BBC Chicken Pizza
Grab and Go	Turkey Deli Sandwich	FRIDAY	Grab and Go	Turkey BLT Wrap
Classic Cafe	Salisbury Steak Sandwich, Italian Tomato Salad, Mini Rice Krispie Treat	0	Harves	tofthe Month 🔂 🗧
Diner Station	Cheeseburger on Bun			PEAR

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16 **TUESDAY**

15

MONDAY

Grab and Go Honey Mustard Ham Wrap

Red Oak Community School Middle School Menu

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Classic Cafe	New Orleans Fish Hoagie, Cajun Chips	25 Classic Cafe	Crispy Chicken Tenders, Greek Ove Roasted Potatoes, Whole Grain Dinner Roll
Diner Station	Cheeseburger on Bun	Diner Station	Hamburger on a Bun
Grab and Go	Crispy Chicken Wrap	Diner Station Grab and Go	Chicken Caesar Wrap
Classic Cafe	Chicken Fajitas, Firenze Corn Salad	26 Classic Cafe	Chicken ala King, Biscuit, Garlic & Herb Broccoli, Chocolate Covered Pretzel
Classic Cafe Diner Station	Salad Chicken Crispito, Homemade Nacho	Pizza Parlor	Herb Broccoli, Chocolate Covered
Diner Station	Salad Chicken Crispito, Homemade Nacho	Pizza Parlor	Herb Broccoli, Chocolate Covered Pretzel Cheese Pizza, Pepperoni

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WEDNESDAY

Beans, French Bread

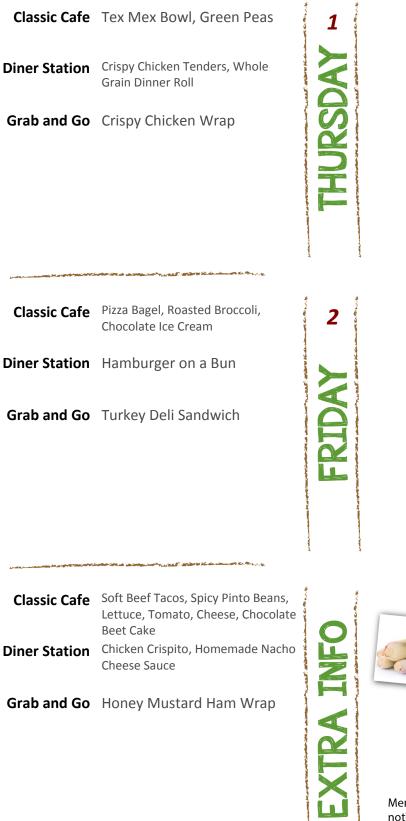
Diner Station Crispy Chicken Tenders, Whole Grain Dinner Roll

Grab and Go Honey Mustard Ham Wrap

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WEDNESDAY 15

29

MONDAY